

Dr Sanjeev Sharma

MBBS, MD(Psych), FRANZCP



Dr Sanjeev Sharma MBBS, MD(Psych), FRANZCP is a consultant psychiatrist with an interest in General Adult Psychiatry. He specialises in Psychotic Illness, Bipolar Disorder, Anxiety, Depression, ADHD, Addictive Disorders, Transcultural Psychiatry and Telehealth consultations, and adopts a nutritional, medicinal approach to managing psychological illness.

Dr Sharma trained in India, then worked at the National Institute of Mental Health and Neuroscience (NIMHANS) in Bangalore. In 2002 he relocated to Perth and in 2011, he completed his Fellowship of the Royal Australian and New Zealand College of Psychiatrists (RANZCP). Dr Sharma has worked at the Royal Perth Hospital across various streams. He continues to work in acute settings in the public sector, along with his dedicated practice at Abbotsford Psychiatry.

He is currently completing his Fellowship in Addiction Medicine from the Royal College of Physicians (RACP), Fellowship of Australian College of Nutritional and Environmental Medicine (ACNEM) and Masters in Clinical Nutrition. With a treatment philosophy that combines both eastern and western medicine, Dr Sharma offers a holistic approach to healing and believes that each patient is unique and should be treated as such. He places great emphasis on lifestyle and dietary choices, and as part of treatment intervention carries out advanced pathology to create treatment plans tailored for each patient, in conjunction with a pharmaceutical and psychological approach.

Dr Sharma regularly speaks on an integrated approach in mental health, at both public and professional forums. He is a member of organisations including Biobalance and ACNEM that actively promote a holistic approach to maintaining wellness. He has also been instrumental in forming an integrative psychiatrists peer review group with the RANZCP. Dr Sharma speaks Hindi, Urdu, Punjabi and English. He offers consultations and second opinions in these languages.

Areas of interest:

- Psychosis
- Bipolar Disorder
- Anxiety
- Depression
- ADHD
- Addictive Disorders
- Transcultural Psychiatry
- Telehealth consultations

To arrange an appointment or referral, please phone:

Dr Sharma's Abbotsford Private Hospital consulting suite

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